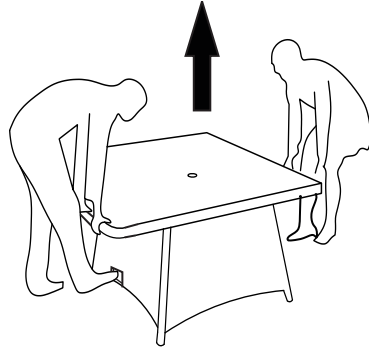
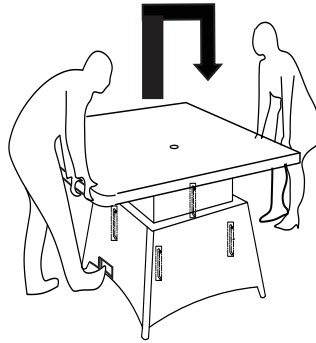


OPERATIONAL MANUAL

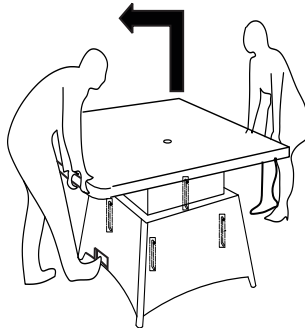
Stage 1 – Insert foot into the foothold to hold down the base of the table. Lift the table top gently.



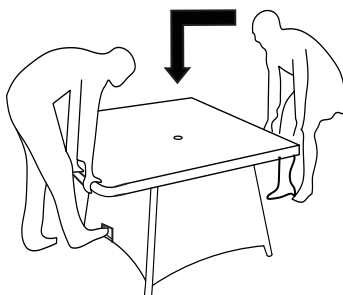
Stage 2 – Once the table top has been lifted to its full height gently push it towards the side that has the foothold until it securely locks into place. Ensure both sides are locked into place.



Stage 3 – To lower the table gently lift the table top and pull it towards the side that has the foothold.



Stage 4 – Lower gently, ensuring that you are completely supporting the weight of the table top. Do not let the table top fall with force or it may damage the adjustable mechanism.



ATTENTION – When lowering the table ensure the foot inserted into the foothold is clear of the support bars as the table top is lowered.

WARNING! – Do not adjust the table in bare feet. When using the footholds as guides, shoes must be worn.

CAUTION! – Keep children away when manoeuvring the table up and down.